

Healthy Relationship

♥ B I N G O ♥

“My partner”

RESPECTS ME AND THE THINGS I OWN.	ENCOURAGES ME WHEN I WANT TO START A NEW HOBBY.	ENCOURAGES ME TO MAKE NEW FRIENDS.	COMPROMISES INSIDE OUR RELATIONSHIP.	DOES NOT MONOPOLIZE MY TIME.
TRUSTS ME AND DOES NOT “TEST” MY LOYALTY.	MAKES ME FEEL LIKE I CAN TELL THEM THE TRUTH WITHOUT FEAR OF RESPONSE.	RESPECTS MY BELIEFS AND VALUES.	MAKES ME FEEL LIKE MY NEEDS, WANTS, AND DESIRES ARE EQUAL TO THEIR OWN.	DOES NOT RUSH THE PACING OF OUR RELATIONSHIP.
PROVIDES ME WITH COMFORT AND SUPPORT.	IS CARING AND EMPATHETIC TOWARDS ME.		TAKES RESPONSIBILITY FOR THEIR OWN ACTIONS.	ENGAGES IN HEALTHY CONFLICTS.
MAKES ME FEEL LIKE I CAN AUTHENTICALLY BE MYSELF.	USES LANGUAGE THAT IS UPLIFTING AND SUPPORTIVE.	LET'S ME IN ON DECISION-MAKING FOR THE BOTH OF US.	RECIPROCATES THE LOVE I GIVE THEM.	DOES NOT HOLD ONTO GRUDGES FOR AN ABNORMAL AMOUNT OF TIME.
MAKES ME FEEL SAFE AROUND THEM.	HAS NO ISSUE SAYING “I’M SORRY”.	HAS GOOD-STANDING WITH CLOSE FRIENDS AND FAMILY.	DOES NOT MANIPULATE ME IN ORDER TO GET WHAT THEY WANT.	WOULD NOT BE CONSIDERED “TOXIC”.